

MOVIN'STEP can either be used as a step for low-impact cardiovascular training or as a moving base to improve balance and co-ordination while exercising. An integrated valve enables to adjust the air flow and to choose the correct movement range. It is used in aerobic, balance and coordination exercises and in physical therapy for patients of any age. The package includes a booklet with illustrative examples.



## TECHNICAL SPECIFICATIONS

Product code	1313151
Length	35 cm
Width	35 cm
Height	14 cm
Recommended max load	120 kg

## OPTIONAL ACCESSORIES

Code	Description	
1411160	Needle pump with flexible extension. It avoids any damage to the valve of the product. Capacity: 2 x 75 cc Length: 20,5 cm	

## FISIOTECH SRL

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