

GYMNASTICS MEDICINE BALLS

Rev. 01 07/2022

Medicine balls are useful for training in several sports. Filled exclusively with water. Their surface allows achieving a good grip. They do not damage the surface on which they are used thanks to their feature. The package includes a leaflet with exercises.



MODELS - DIMENSIONS TECHNICAL SPECIFICATIONS

Diameter	Weight	Colour	Code
10 cm	500 gr	Green	1411051
12 cm	1 kg	Red	1411052
15 cm	2 kg	Yellow	1411053
17 cm	3 kg	Blue	1411054
20 cm	4 kg	Magenta	1411055
23 cm	5 kg	Orange	1411056

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