

# MANUAL

## WOODEN WALL BARS



### WOODEN WALL BARS MODELS

Description	Code
Single wall-bar	1412030
Double wall-bar	1412040

#### FISIOTECH SRL

**Operating headquarters:** Via Toniolo, 44/E-F - 31028 Vazzola (TV) - ITALY

**Registered office:** Via Valdoni, 19 - 31013 Cimavilla di Codognè (TV) - ITALY

Tel. +39 0438470342 - Fax +39 0438478762 - mail: [info@fisiotech.com](mailto:info@fisiotech.com) - pec: [fisiotech@emailsec.it](mailto:fisiotech@emailsec.it)

VAT number IT 03765100262 - Rea TV 296956

# Table of contents

<b>INTRODUCTION</b>	<b>p. 3</b>
<b>SAFETY – WARRANTY – WARNINGS</b>	<b>p. 4</b>
<b>PRODUCT DESCRIPTION (MODELS)</b>	<b>p. 5</b>
<b>INSTALLING INSTRUCTIONS</b>	<b>p. 6-11</b>
<b>OPTIONAL ACCESSORIES INSTALLING INSTRUCTIONS</b>	<b>p. 12-14</b>
<b>MAINTENANCE – CLEANING – OPTIONAL ACCESSORIES</b>	<b>p. 15</b>

## INTRODUCTION

The purpose of this manual is to provide users and operators with the necessary information to use the wall bars properly, autonomously, and safely.

This manual contains information on the technical features, operation, maintenance, spare parts and security of the wall bars.

This manual must always be carried with the equipment and stored with care so that the readability is not compromised.

In case of transfer of use to a third party, this manual must be transferred as well, along with the other documents.

### **Manufacturer's details**

FISIOTECH SRL

Operating headquarters: Via Toniolo, 44/E-F

31028 VAZZOLA (TV) - Italy

Tel. +39 0438 470342

Fax +39 0438 478762

[info@fisiotech.com](mailto:info@fisiotech.com)



**WARNING! Thoroughly read the manual before use.**

**FISIOTECH SRL refuses any responsibility and is not liable in case any damage to people and/or goods caused by the improper use of the wall bar, by negligent or not-qualified staff or by non compliance with these instructions occurs.**

## SAFETY



### **WARNING! The wall bars should not be used:**

- Beyond the max working load declared by the manufacturer;
- If the load is not placed and divided following the guidelines of this manual
- With moving loads. (dynamic)
- Without having carried out the assembly, anchoring and testing.
- If it has been tampered with or modified.
- With an inappropriate configuration or if you suspect it may harm the patient.
- By unsupervised children and underage.
- Exposed to the weather.



**WARNING!** In case of safety hazard, the device must be unplugged and is not to be used until safety is restored.



### **WARNING!**

- The assembly must be carried out by an expert who has read this manual and verified that the place of assembly and use is adequate.
- Evaluate the possible dangers linked to the use of other devices along with the cage (i.e. additional weights, electrical connections, therapy couch with adjustable height and lateral offset, etc.)
- Exercises on the wall bar should be carried out upon a doctor's or a therapist's advice.
- An expert must check on the patient to make sure he is carrying out the exercise properly.
- Always use a mat under the wall bar – min. thickness: 5cm – during the exercises.



**WARNING!** FISIOTECH S.R.L. is not liable for any damage to people and/or goods caused by an use which is not compliant or by non-qualified or negligent personnel.

## WARRANTY

The wall bars warranty covers only the manufacturing defects for 12 months starting from the date of delivery. The warranty does not cover: damages caused by a wrong or improper use, use by non-qualified personnel. The warranty is void if the device has been tampered with. Warranty repairs are carried out at our operational headquarters and prior authorization. The products to be repaired under warranty must be shipped to the manufacturer freight prepaid and with the original packaging. A copy of the invoice and of the transport document has to be sent along with a written request in order for the products to be repaired.

## WARNINGS





### **Before every use, please verify:**

- That the product is not damaged;
- That the product is far from any source of heat and any sharp object (be careful to zippers, rings, watches, etc.).

## PRODUCT DESCRIPTION


- Single and double section wall bars are made of clear-varnished beech.
- The wall bars are sent with zinc-plated steel brackets to fix the wall bar to the wall.
- **Plugs and screws ARE NOT SUPPLIED.**

## MODELS

CODE	DESCRIPTION	
1412030	<p>Clear-varnished beech single section wall bar with oval rungs. One of the two upper rungs is placed inwards while the other outwards to carry out suspension exercises.</p> <p>Dimensions:</p> <ul style="list-style-type: none"> <li>• Height 250 cm</li> <li>• Width 90 cm</li> <li>• Safety working load 125 kg</li> </ul>	
1412040	<p>Clear-varnished beech double section wall bar with oval rungs. Fourteen clear-varnished beech oval rungs. One of the two upper rungs is placed inwards while the other outwards to carry out suspension exercises.</p> <p>Dimensions:</p> <ul style="list-style-type: none"> <li>• Height 250 cm</li> <li>• Width 180 cm</li> <li>• Safety working load 125 kg</li> </ul>	

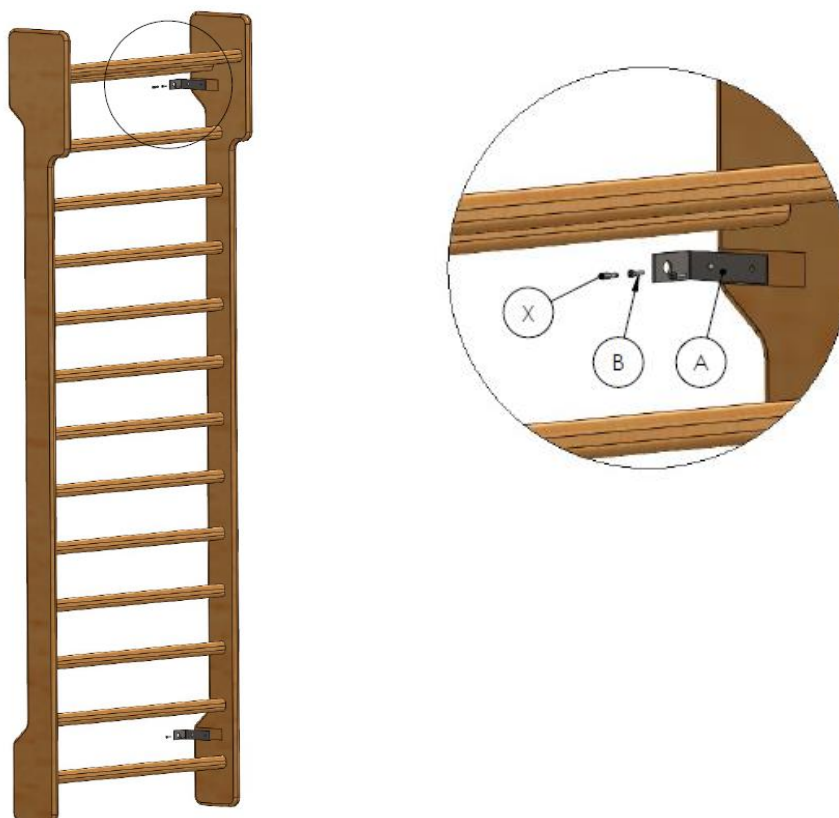
## INSTALLING INSTRUCTIONS

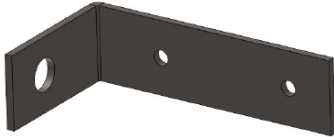

### REQUIRED TOOLS

Code USED	PICTURE
X	

## STEP 1

Fix the zinc-plated iron brackets (A) to the fitted spaces of the wall bar with the provided screws (B). Use an electric screwdriver with a cross insert (X). Make sure that the brackets (A) is in line with the back edge of the wall bar.

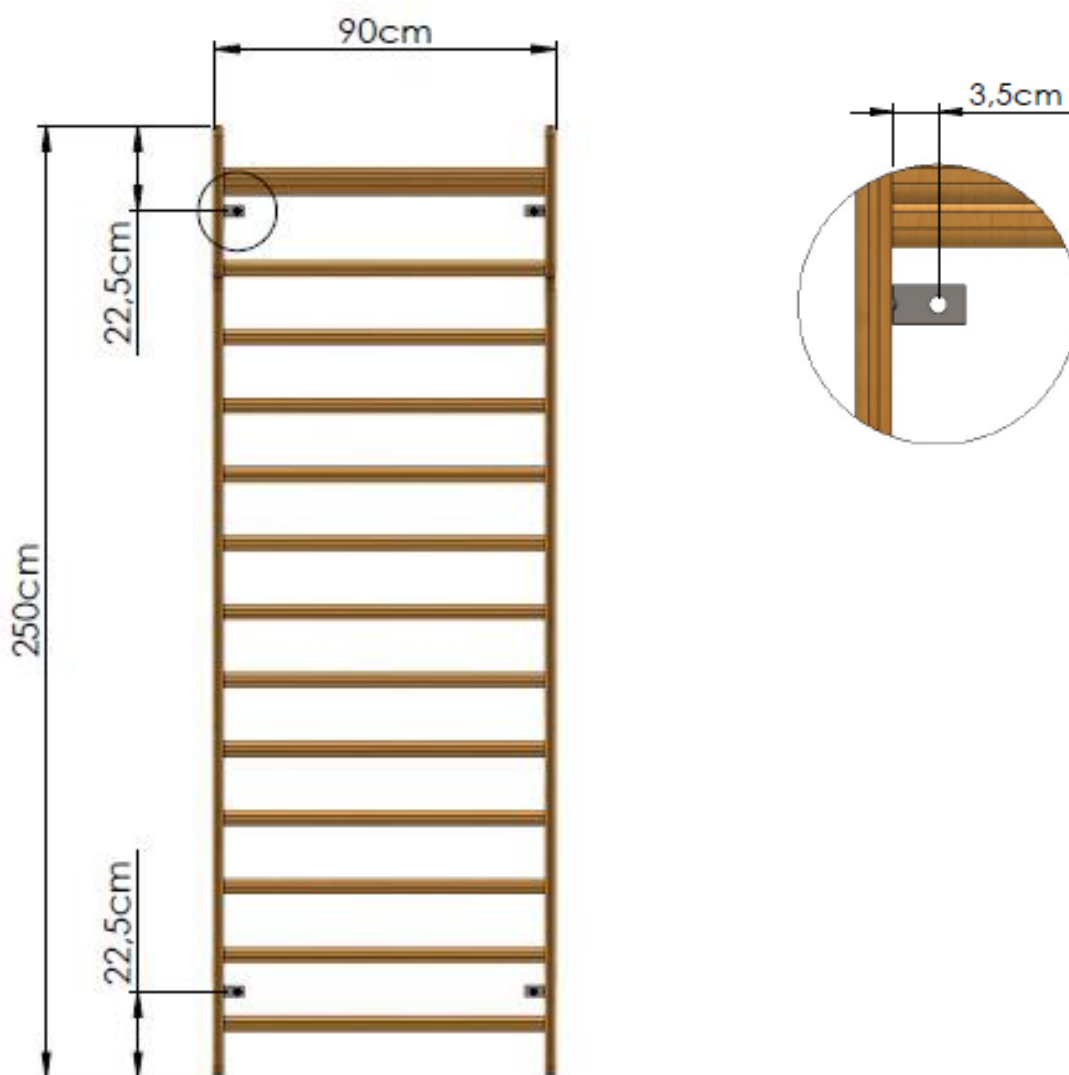


A	
B	

## STEP 2

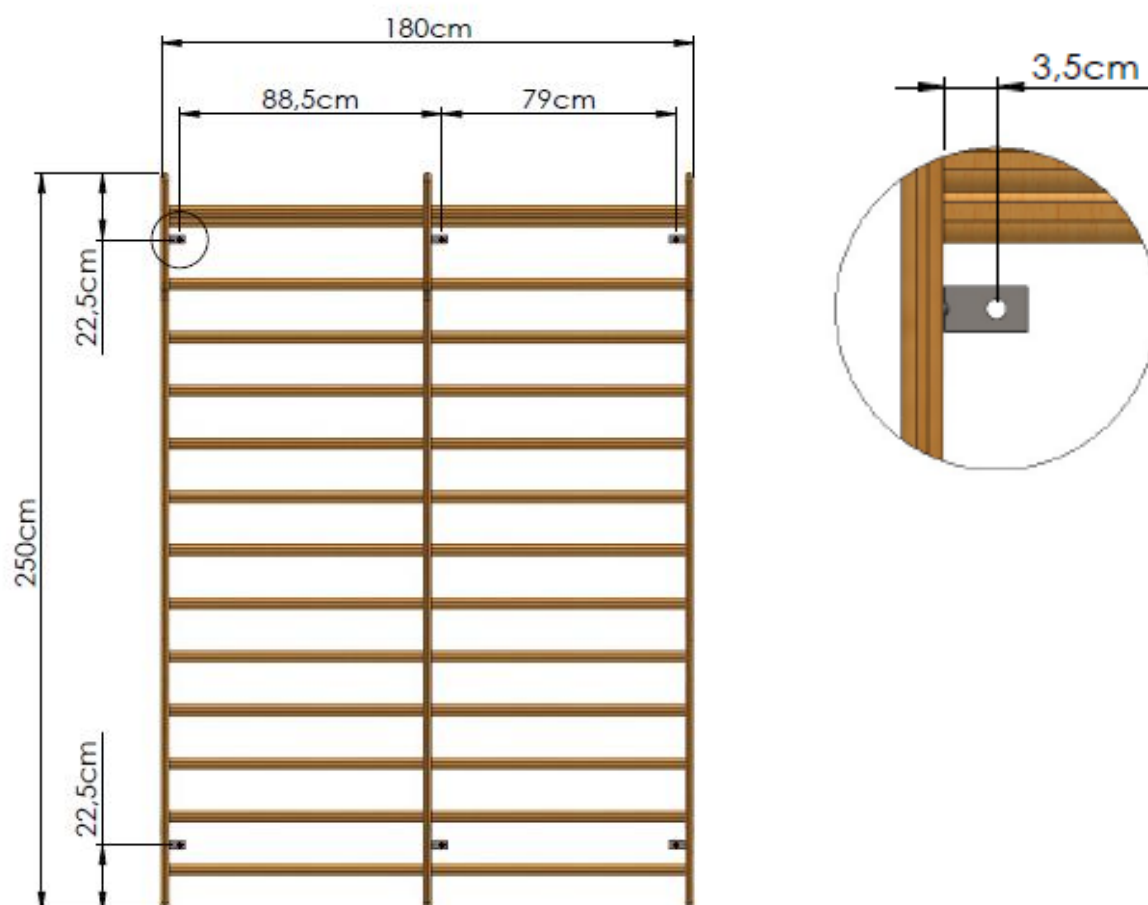
Make sure that there is no cable (or pipe) in the area where installing the wall bar before piercing the wall. The following drawings will help:

### For wall bar code 1412030



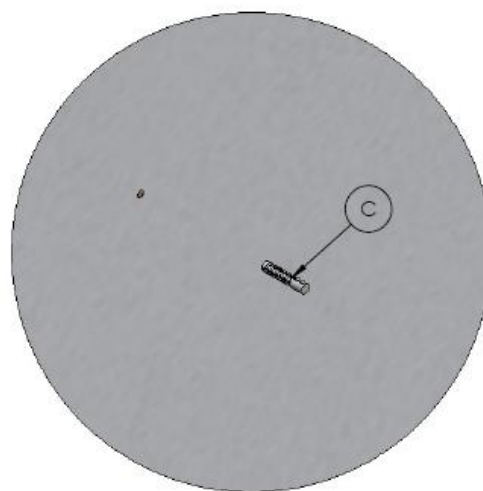
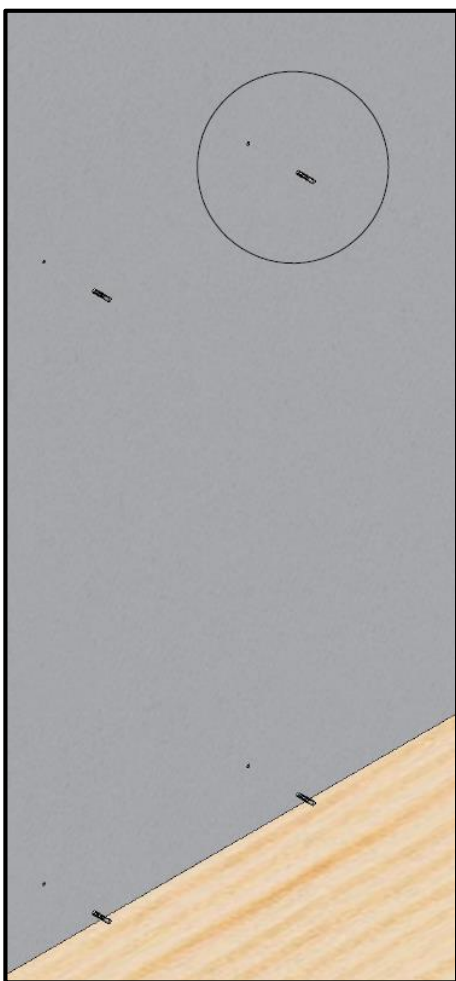


For wall bar code 1412040



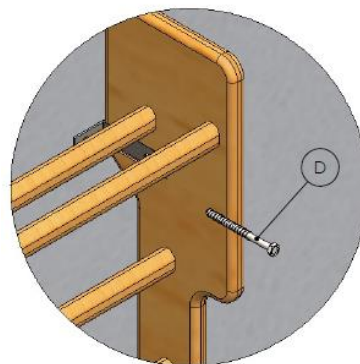
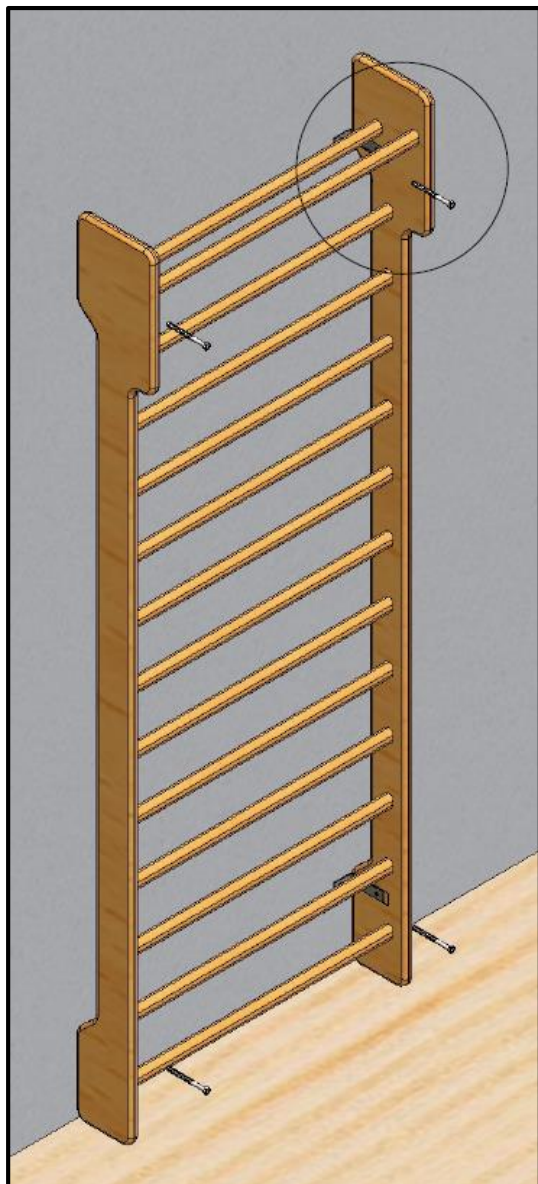
### STEP 3

Place the wall bar against the wall. Mark the holes of the zinc-plated brackets on the wall, pierce the wall on the holes and insert the wall plugs (C) **WHICH ARE NOT PROVIDED** (*BUY THE WALL PLUGS SUITABLE FOR THE MASONRY*).




## STEP 4

Fix the wall bar to the wall with the screws (D) **WHICH ARE NOT PROVIDED** (*BUY THE SCREWS SUITABLE FOR THE WALL PLUGS*). **We recommend fastening the screws tightly.**



**IF PROVIDED WITH OPTIONAL ACCESSORY SUSPENSION FRAME FOR WALL  
BAR**

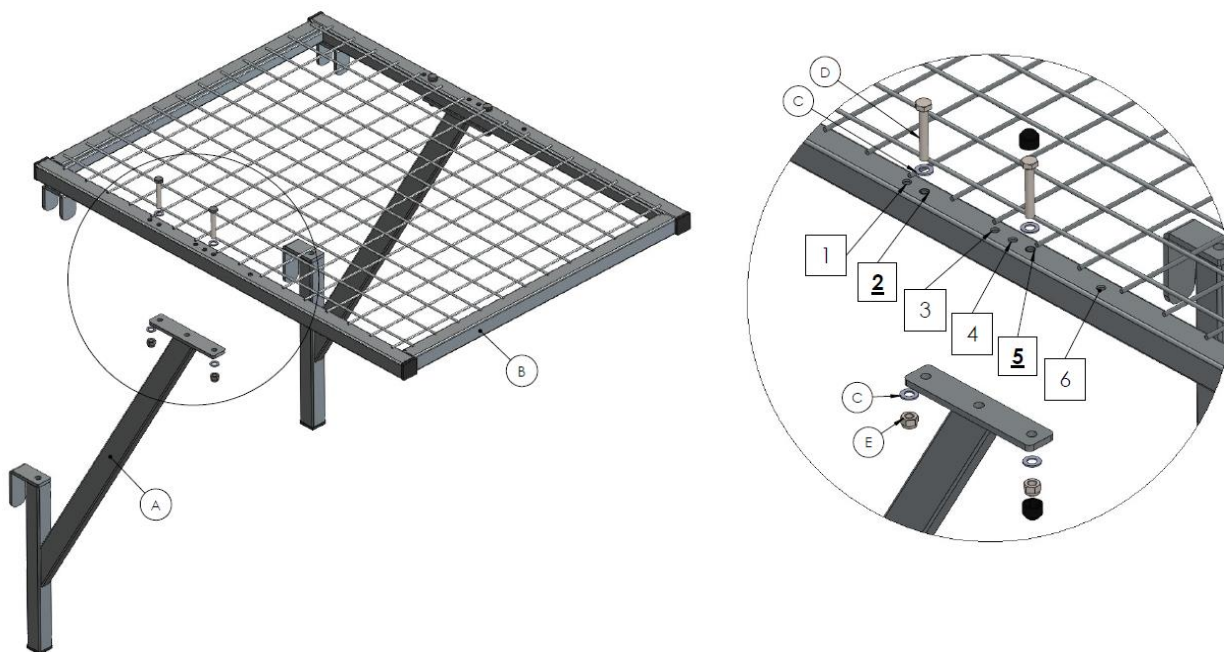
**REQUIRED TOOLS**

Code USED	PICTURE
X	






### STEP 1

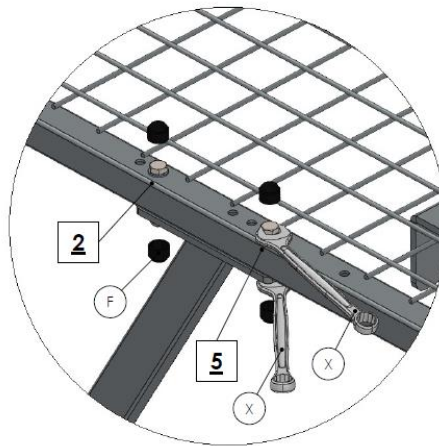
Put the lower parts (A) and the upper frame (B) together. Insert washers (C), screws (D) and bolts (E) as shown the picture.



Make sure you insert the screws (D) in holes **2** and **5**:

C	
D	
E	

Fasten the screws and the bolts using 13mm wrenches. Then cover the bolts and screws with the bolt covers (F).



F	
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## MAINTENANCE

Maintenance must be carried out by a specialist, an electrician or someone who is familiar with the content of this manual.

Check the safety conditions of the device after any incident such as falls, violent impacts, spilling of liquids, etc. and any time you deem it necessary.



MAINTENANCE	WHAT TO DO
Wall bars do not need a particular maintenance. We recommend you follow these steps:	Check whether the wall plugs are fixed to the wall and the wall bar is fastened to the wall.

## CLEANING

**CLEANING THE WALL BARS:** Dust with a dry or at most a lightly damp non-abrasive cloth and let dry.

## OPTIONAL ACCESSORIES

CODE	DESCRIPTION
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<b>1412500</b>	Black curved back support. Dimensions: <ul style="list-style-type: none"> <li>• Height 65 cm</li> <li>• Width 40 cm</li> <li>• Depth 18 cm</li> </ul>	
<b>1412510</b>	Black wall bar board. Dimensions: <ul style="list-style-type: none"> <li>• Height 180 cm</li> <li>• Width 30 cm</li> </ul>	
<b>1412520</b>	Varnished steel suspension frame for wall bar. Dimensions: <ul style="list-style-type: none"> <li>• Height 40 cm</li> <li>• Width 64 cm</li> <li>• Depth 87 cm</li> </ul>	