

# MANUAL

## BALANCE PAD



### BALANCE PAD MODELS

Description	Code
Balance pad blue	1414221

#### FISIOTECH SRL

**Operating headquarters:** Via Toniolo, 44/E-F - 31028 Vazzola (TV) - ITALY

**Registered office:** Via Valdoni, 19 - 31013 Cimavilla di Codognè (TV) - ITALY

Tel. +39 0438470342 - Fax +39 0438478762 - mail: [info@fisiotech.com](mailto:info@fisiotech.com) - pec: [fisiotech@emailsec.it](mailto:fisiotech@emailsec.it)

VAT number IT 03765100262 - Rea TV 296956

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## INTRODUCTION

Congratulations on your purchase of a high-quality AIREX® brand product. To enjoy the benefits of our CE-conform AIREX® speciality foam products for as long as possible, please note these care instructions.

### **Manufacturer's details**

AIREX AG Speciality Foams  
Industrie Nord, 26  
5643 Sins, Switzerland  
Tel. +41 41 789 66 00  
Fax +41 41 789 66 60

### **Distributor's details**

FISIOTECH SRL  
Operating headquarters: Via Toniolo, 44/E-F  
31028 VAZZOLA (TV) - Italy  
Tel. +39 0438 470342  
Fax +39 0438 478762  
[info@fisiotech.com](mailto:info@fisiotech.com)

### **Intended use**

The intended use for AIREX® Balance products is: coordination and balance exercises, pilates, fitness, yoga, physiotherapy and rehabilitation and club sport.



**WARNING! Thoroughly read the manual before use.**

**FISIOTECH SRL refuses any responsibility and is not liable in case any damage to people and/or goods caused by the improper use of the mat, by negligent or not-qualified staff or by non compliance with these instructions occurs.**

## WARNINGS

**WARNING:** As a result of the peculiar manufacturing process, the dimensions of the mat may be slightly different from the ones here described. The main difference may occur in the length of the product.

**WARNING:** Prior to use the floor should be tested for glide resistance, in case a non-slip underlay should be used (e.g. AIREX® mat).

## APPEARANCE

Major emphasis is placed on functionality with ultrasoft products. A special manufacturing process is necessary to achieve softness and the wobble effect. Sometimes there are slight imperfections among these products, such as occasional surface bubbles, slight deviations in dimensional tolerances and slight differences in colour nuances. However, this affects in no way the function of these products.

## FEATURES

AIREX® closed-cell soft foams do not absorb any water and possess permanent surplus buoyancy in water. These extremely robust and wear-resistant materials lose pressure (as do balloons) when the cellular bodies are subjected to long periods of pressure. Pressure points generally slowly recover.

AIREX® soft foams are treated with antimicrobial finishing for permanent and effective protection against bacteria and fungi.

## CLEANING

Soiled pads are best treated with a soft brush and warm soapy water. Stains and other marks should not be treated with solvents, alcohol or stain remover.

If disinfection is required, commercial disinfectants can be used, e.g. Merfen, Descogen or Chromium. AIREX products should not be sterilized with hot steam (autoclaving) or hot water.

## STORAGE

AIREX Balance products are best stored **flat**. To avoid pressure, do not store any objects on top of them. Continuous pressure lasting for more than approximately 12 hours should be avoided. Storing them in bent fashion (e.g. hung over a washing line) will leave visible pressure points which will never completely recover. Constant storage in water or long periods of direct sunlight will shorten the life of the products, causing the surface to become brittle and stiff over time.

To lengthen product life, we recommend rinsing them after use with fresh water, shaking off excess water and allowing them to air dry (because of pressure points, never over a radiator, etc.). Damp products should never be stored in lockers or stacked in confined spaces.

We hope you have a lot of fun and benefits with the products you have purchased. If you have any questions, please contact your dealer.

## PRODUCT DESCRIPTION


The AIREX® Balance products are active devices for therapy and workout produced with the well-known AIREX® soft material. The smooth surface of the Balance Pad is ideal to begin barefoot balance exercises. The width is 6 cm – this gives to the Balance Pad the desired characteristics of instability.

The yielding foam the pad is made of, causes a constant challenge to the body in maintaining balance and stabilising the joints. The exercises are more intense than without the Balance Pad. Working out with Balance Pad may improve strength, endurance and balance. As a result of its comfortable, smooth surface, Balance Pad is not entirely non-slip on smooth floors. We recommend to use the Balance Pad on a AIREX® mat.

### Three tips for your AIREX® products

1. Use the products barefoot or in socks (no sneakers)
2. If your products get dirty, clean them with ordinary soapy water. Disinfection is not going to be necessary thanks to integrated Sanitized protection!
3. Let the AIREX® products air dry thoroughly if they get wet (they can also be used outdoors)

## MODELS

CODE	DIMENSIONS AND COLOUR	
1414221	<b>BALANCE PAD Blue.</b> Dimensions: <ul style="list-style-type: none"> <li>• Length 50 cm</li> <li>• Width 41 cm</li> <li>• Height 6 cm</li> <li>• Weight 0,68 Kg.</li> </ul>	

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